



Tuesday, June 2, 2026

**Red, White & Blue
Americanism**

AMERICAN LEGION AUXILIARY



Americanism

Americanism is defined as the political principles and practices essential to American culture through allegiance to tradition, interest or ideals of the United States. During your time at ALA Alaska Girls State, you will be immersed in the very definition of Americanism. We hope that you will learn what it is to be a responsible and engaged citizen, as well as increase your awareness of the sacrifices made for our fundamental freedoms.

We encourage you to get involved, ask questions, reach outside your comfort zone, and experience something new. Share your talents, abilities, have fun, and make lifelong friendships.

Have a fun week!



The American Creed

I believe in the United States of America
As a government
Of the people,
By the people,
For the people;
Whose just powers are derived from the
consent of the governed
A democracy is in a Republic;
A sovereign nation of many sovereign
states;
Perfect union, one and inseparable;
Established upon those principles of
freedom, equality, justice, and
humanity
For which American patriots sacrificed
their lives and fortunes.
I therefore believe it is my duty to my
country
To love it; to support its constitution,
to obey its laws, to respect its flag
And to defend it against all enemies



Chaplain's Opening Prayer

Heavenly Father, our Creator and friend, you have Brought us together as citizens of the Badger Girls State this week. Guide us as we learn and grow. Bless us as we Make new friends that will last a lifetime. Thank you for Each citizen and staff member who is attending this week.

Bless them and give them the time of their life. We Acknowledge that you are here with us with your love and Protection. Thank you, in your name we pray.

Amen

Citizens, if you are interested in serving as a chaplain during Girls State Camp this year, please contact Camp Mom, Carrie.

Your responsibilities will include prayers before meals and at any events where a prayer is needed.

You are welcome to set boundaries of what you are comfortable with.

The American Legion recognizes all faiths. So, praying to the Father or a Higher Power is an example of how we address our prayers. If you are interested, please talk with your Camp Mom, Carrie

As the Girls State nurse, I have the unique privilege of meeting each young lady individually during in-processing. It's a quiet moment amid the exciting chance to review medical records, ease nerves, and begin building the foundation of care that will carry us through the week. By midweek, I see the transformation already taking place. The citizens have embraced the structure: they understand that the lake in front is off-limits, that the two-person rule exists not to restrict, but to protect. They are learning that leadership begins with responsibility—and that respect for one another, for themselves, and our nation's flag is at the heart of what we do here. Of course, safety remains a constant priority, but so does growth. Every challenge, every conversation, even every moment of homesickness, becomes a learning opportunity. As I check in on them now, I see young ladies stepping into their potential, thoughtful, resilient, and already carrying the spirit of service before self.

Charlene
Girl State Nurse





Victoria **Woodhull** was a **trailblazing American suffragist, stockbroker, spiritualist, and the first woman to run for U.S. president** in 1872. She remains one of the most unconventional and influential reformers of the 19th century, known for pushing boundaries in politics, finance, journalism, and social norms.

Jokes

Q: Why was Ben Franklin so healthy?

A: He had a good Constitution.

Q: What is the capital of Alaska?

A: Don't Juneau this one?



